



# 6 FOUNDATIONAL INUNNGUINIQ PRINCIPLES



**Develop habits for living a good life**

- Finish what you start and persevere in life
- Continually plan ahead and be well-organized
- Take care of your belongings and develop strong skills
- Listen to the teachings and apply them in life

**Rise above hardship by always looking for solutions**

- Be adaptable and focus on the future
- Be capable so that others will have confidence in you
- Identify your needs and do not seek what you do not need
- Apply knowledge to experiences
- Seek understanding of the things around you

**Always take steps to make improvements**

- Start with sowing the seeds of how to do something
- Start with where a person/child is at
- Expect progress
- Show how to do something and expect the person/child to do what is shown
- Never give up on the child/person learning

**Recognize the uniqueness of each individual**

- Set high expectations
- Identify skills and nurture them
- Never confuse the child
- Focus on strengths
- Be present in your community

**Be heart-centred (Build a strong moral character)**

- Show humanity
- Behave ethically
- Be self-reliant
- Show respect, be responsible and be accountable

**Show compassion, serve others and build relationships**

- Anticipate the needs of others
- Serve willingly
- Show love that is enabling
- Discuss openly, communicate well

